FINAL EXAMINATION
DISTANCE EDUCATION PROGRAMME
APRIL SEMESTER 2014/2015 SESSION

CODE / COURSE : SBLE1043 / ENGLISH FOR COMMUNICATION II
DATE : 21 AUGUST 2014 (THURSDAY)
TIME : 9.00 A.M – 11.30 A.M (2 ½ HOURS)
VENUES : PJJ UUM, KL, JB, KK, SIBU, KUCHING

INSTRUCTIONS :

1. This question booklet consists of THREE (3) sections in SEVENTEEN (17) printed pages excluding the cover page.
2. Answer ALL questions.
3. ALL answers must be written in the question booklet.
4. Use PEN to write your answers.
5. The rules on academic dishonesty shall apply in this examination.

Name of Examiner: ____________________________
(please leave blank)

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SECTION ONE /35
SECTION TWO /30
SECTION THREE /35
TOTAL /100

MATRIC NO.: ____________________________
(in words) ____________________________
(in numbers) ____________________________

IDENTIFICATION CARD NO.: ____________________________

INSTRUCTOR: ____________________________

GROUP: _______ DESK NO.: _______

DO NOT OPEN THIS QUESTION BOOKLET UNTIL INSTRUCTED

CONFIDENTIAL
SECTION ONE (35 MARKS)
You are advised to spend about 40 minutes on this section. Read the following passage and answer all the questions in PARTS A, B, C and D.

Juicing: The Better Choice

I The importance of eating a diet rich in fruits and vegetables has long been promoted by the National Cancer Institute. The institute reasons that a diet high in fruits and vegetables will prevent or cure a wide range of ailments as they contain a lot of vitamins and minerals.

II We have constantly been reminded to take our fruits and vegetables fresh for the simple reason that the minerals and vitamins are not lost through cooking. Now, we are told to make them in liquid form – juices. Juicing has been widely touted as a better and effective alternative of getting these vitamins and minerals from fruits and vegetables. Proponents of this have offered fascinating arguments in favour of juicing.

III Research has shown that raw juices are extremely rich in enzymes. These enzymes act as a catalyst in metabolic activities, like the digestion and absorption of food taking place in the body. They are critical in converting foods into energy or transforming carbohydrates, proteins, fats, vitamins and minerals into healthy body tissue such as muscle, bone and skin. In fact, without enzymes, our metabolism cannot function at its maximum rate.

IV Another argument in favour of juicing is that it facilitates the assimilation of nutrients into the body system by breaking down the fruits and vegetables into an easily digestible state. Through the juicing process, our body requires less energy to process the nutrients, and can, therefore, absorb them more quickly and in larger quantities than it would do during the normal digestive process. Thus, juicing gives our body an instant boost of the important nutrients. Studies reveal that such nutrients enter our blood
stream within 30 minutes of consumption.

V Phytochemicals, or plant chemicals are an important key in nutritional research in the quest for a weapon against, and cure for, deadly diseases like cancer and heart disease as well as mild common diseases such as asthma, arthritis and allergies. They build up immunity and reduce the risk for diseases. Diets high in animal protein, refined sugar and artificial additives promote acidity in cells. This in turn can lead to disease as cancer cells thrive in an acidic environment. Epidemiological studies (studies comparing the relationship between disease and diet) show that people whose diets are rich in fruits and vegetables, for example Africans, do not suffer from colon or prostate cancer, whereas Americans, who eat a lot of meat, are prone to these two forms of cancer. This finding should encourage us to drink our fruits and vegetables as they are alkaline in nature. This helps to combat cancer cells by providing a hostile environment which suppresses the growth of these cells.

VI Research is also being conducted on the therapeutic properties of juicing. Initial findings show that juicing aids recovery and helps build up the nutrients lost during an illness. The body is able to absorb the nutrients (and the necessary enzymes) easily through the juicing process. Certain fruits and vegetables, or combination of these, are beneficial for particular illnesses or health conditions.

VII Women may be glad to know that drinking juices helps to retard the ageing process. Antioxidants are thought to be the secret to living longer and looking younger. Antioxidants, found in fruits and vegetables, fight free radicals and help to repair the damage caused by their attack on cells. Free radicals are believed to be the culprits for wrinkles, sagging skin, loss of muscle tone, age spots and the onset of age-related diseases.
VIII It is well-known that green vegetables contain a lot of chlorophyll. What is less known is that chlorophyll possesses strong detoxification power. It strengthens the body, cleanses the liver, as well as purifies and rebuilds our blood cells. With the variety of food we ingest nowadays, it would definitely be an excellent idea to detoxify our body and purge it of all the impurities that make us sick.

IX As can be seen, the benefits of taking raw fruits and vegetable juices are many. Raw fruit and vegetable juices are excellent sources of vitamins and minerals, trace elements, enzymes and nutrients which supply essential elements fundamental to the body’s healing processes and cell regeneration.

Adapted from:

Part A (10 marks)

Answer the questions below based on the reading passage.

1. What reason does the National Cancer Institute give to encourage people to eat more fruits and vegetables?

   (1 mark)

2. What is the importance of enzymes in metabolic activities?

   (1 mark)
3. Provide **TWO (2)** evidences that support the idea of juicing.
   a) 
   b) 
   (2 marks)

4. What role do phytochemicals play in the search for a weapon against deadly diseases?
   (2 marks)

5. Why are antioxidants considered to be the secret to living longer and looking younger?
   (1 mark)

6. Why are free radicals considered bad?
   (1 mark)
7. What is the finding of epidemiological studies?

________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
(1 mark)

8. How does the chlorophyll detoxify our body system?

________________________________________________________________________
________________________________________________________________________
(1 mark)

(_____/ 10 marks)

PART B (10 marks)

Read the statements below and decide if they are TRUE (T) or FALSE (F). Circle your answers.

1. Juicing is a better alternative for people to get nutrients from fruits and vegetables. T F

2. Enzymes help our metabolism to function at its maximum rate. T F

3. Our body needs more energy in absorbing the nutrients through juicing process as compared to the normal digestive process. T F

4. Phytochemicals can only help our body to combat mild diseases. T F

5. Fruits and vegetable juices are acidic in nature. T F

6. Cancer cells are active in acidic environment. T F
7. Juicing helps in recovery by building up the nutrients lost during illness.  T  F
8. Chlorophyll is contained in green vegetables. T  F
9. Chlorophyll does not play a role in purifying and rebuilding blood cells. T  F
10. The impurities in our body can cause sickness. T  F

( __________ 10 marks)

PART C (5 marks)
Identify what the following pronoun referents refer to in the passage. They are boldfaced and underlined in the passage.

1. they (para. I, line 3) ____________________
2. They (para. III, line 12) ____________________
3. its (para. III, line 14) ____________________
4. it (para. IV, line 19) ____________________
5. their (para. VII, line 44) ____________________

( __________ /5 marks)
PART D (10 marks)

Match the following vocabulary items/expressions which are boldfaced in the passage, in the column on the left with their meanings in the column on the right. An example has been provided below.

**e.g. cure** (para.I, line 3)  ____c____  a. slow down or delay

1. **alternative** (para.II, line 8)  ____  b. changing

2. **Proponents** (para.II, line 9)  ____  c. heal

3. **converting** (para.III, line 12)  ____  d. something that you can choose or use instead of something else

4. **assimilation** (para.IV, line 16)  ____  e. cleans

5. **immunity** (para.V, line 26)  ____  f. important

6. **retard** (para.VII, line 40)  ____  g. supporters

7. **culprits** (para.VII, line 43)  ____  h. take food or liquid into the body

8. **purifies** (para.VIII, line 48)  ____  i. reasons for a particular problem or difficulty

9. **ingest** (para.VIII, line 49)  ____  j. the body's ability to avoid infection or disease

10. **essential** (para. IX, line 53)  ____  k. adaptation

( _____ 10 marks)

Total score for SECTION ONE: ____________/ 35 marks
SECTION TWO (30 MARKS)
You are advised to spend about **50 minutes** on this section.

**Part A (10 marks)**

Complete the text below with the correct **Simple Present, Simple Past or Present Perfect** form of the verbs in brackets. An example has been provided below.

*Mua Roi Nuoc* or water puppetry *e.g.* is (be) an interesting form of entertainment which (1) ________________ *(originate)* from countries in Southeast Asia such as Thailand and Vietnam. It (2) ________________ *(start)* 800 years ago at the Red River Delta. When the river overflowed and flooded the paddy fields, villagers were not able to work. So, the paddy fields (3) ________________ *(become)* a source of entertainment for the paddy planting community. The flooded fields became stages for *Mua Roi Nuoc*. Today, water puppetry (4) ________________ *(gain)* popularity around the world because of its uniqueness in stage productions, puppets and stage performance.

Water puppetry (5) ________________ *(be)* popular because of its stage production. Paddy fields (6) ________________ *(be)* the only chosen stages in the past. Wood, bamboo and cloth were used in the construction of these stages. What was important was that the legs of the puppeteers were concealed and exciting water effects such as waves and splashes were created to evoke excitement. Now, however, water-tanks are built as stages. A pagoda-like structure is used as the background. It (7) ________________ *(cover)* part of the tanks.
Another attraction of water puppetry is its puppets. The puppets are made from fig wood. They are decorated and painted in vibrant colours, and are lacquered so that they are waterproof. The puppets (8) ___________ (take) the forms of humans, animals, mythological beings and other objects. They have movable heads, arms and legs. They are 18 - 36 inches tall and about 20 - 30 pounds.

Finally, tourists are also fascinated with the stage performances of water puppetry. There are about 18 - 25 scenes in each performance. The themes (9) ___________ (include) aspects of daily activities, fairy tales and national histories.

In conclusion, this traditional performing art (10) ___________ (become) appealing to tourists as it is extraordinary. Tourists from all over the world are attracted to the unique features of this puppet show.

(_________ / 10 marks)
Part B (10 marks)

Complete the text below with the correct Simple Present, Simple Past, Present Continuous, Present Perfect or Past Perfect form of the verbs in brackets. An example has been provided below.

Traditions are hard to die, especially when it involves an annual escapade to one of Malaysia’s best islands. Almost like a second home, I e.g. have been (be) a regular to Langkawi’s pre-historic formation of islands since 2001.

My first visit to Langkawi (1) ____________ (be) actually a wedding gift from my sister. I (2) ____________ (enjoy) myself greatly. My husband was so excited especially when we (3) ____________ (do) island hopping. The underwater treasures (4) ____________ (capture) his heart.

Last year, I (5) ____________ (teach) my daughter to swim along Pantai Cenang. While we (6) ____________ (stroll) along the beach, she saw her first pair of hornbills. Both (7) ____________ (fly) back to their nests. My daughter just could not stop talking about it for days.

Langkawi wouldn’t be Langkawi without its people. Brimming with culture, mysteries and legends, the multi-racial communities on the island (8) ____________ (strive) to balance both economic gin and conservation. The island’s inhabitants continue to live a sleepy life in wooden villages, pushing bullock carts and harvesting paddy in their fields. Life (9) ____________ (be) simple and easy, and too peaceful. And perhaps this is what (10) ____________ (catch) my fancy the most—the laid-back culture and rich landscapes.

(__________/ 10 marks)
Part C (5 marks)
Rewrite the following sentences into **passive voice**. An example has been provided below.

*e.g.* Ali is carrying a big bag.

A big bag is being carried by Ali.

1. My sister bakes cakes every week.

   __________________________________________________________________________

2. The accountant is doing the calculation now.

   __________________________________________________________________________

3. I planted the mango trees near the fence yesterday.

   __________________________________________________________________________

4. The students will carry the chairs to the canteen tomorrow.

   __________________________________________________________________________

5. The assistant manager has interviewed me.

   __________________________________________________________________________

(_______ / 5 marks)
PART D (5 marks)

Rewrite the following sentences into active voice. An example has been provided below.

e.g. The naughty boy was scolded by his mother.

His mother scolded the naughty boy.

1. The service was given by the new staff.

2. This room has been painted by Sofi.

3. Millions of items of sportswear are sold by the company every year.

4. The proposal will be presented by the Director next week.

5. The motorbike is being repaired by Zul at the moment.

(_______/5 marks)

Total score for SECTION TWO: _________ / 30 marks
SECTION THREE (35 MARKS)

Using the problem-solution pattern of organisation, write a FIVE (5) paragraph essay, in about 250 to 300 words on a chosen topic below. You are advised to spend ONE (1) HOUR to complete your essay.

1. To study part-time is sometimes very challenging for working individuals. Suggest ways to be a successful part-time student.

OR

2. Inflation has become a serious problem to the society nowadays. Suggest ways to adapt to this situation or overcome the problem.

(Use pages 13 and 14 to write your draft)
Write your essay here.