UNIVERSITI UTARA MALAYSIA

FINAL EXAMINATION
FIRST SEMESTER 2008/2009 SESSION

CODE/COURSE : GDK3133 TEACHING OF PHYSICAL EDUCATION AND FITNESS FOR PRIMARY SCHOOL
DATE : 16th NOVEMBER 2008
TIME : 2.30 – 5.00 PM (2 ½ HOURS)
VENUE : IPP PULAU PINANG

INSTRUCTIONS:
1. This exam paper contains TWO (2) sections, Section A and Section B in FIVE (5) printed pages, excluding the cover page.
2. Section A contains NINE (9) structured questions. Section B contains TWO (2) essay questions. You are required to answer ALL the questions.
3. Answer Section A on the exam paper and Section B on the answer sheets provided.
4. You are NOT ALLOWED to remove the exam paper from the examination hall.

MATRIC NO.:

(in words) (in figures)

IDENTITY CARD NO.:

LECTURER : EN. MOHD ROSLI BIN A. RAHMAN

GROUP : A TABLE NO. :

DO NOT OPEN THE PAGE UNTIL YOU ARE TOLD TO DO SO

CONFIDENTIAL
SECTION A (60 marks)

INSTRUCTION:
Answer ALL questions.

1 (a) List FIVE (5) health components of Physical Fitness.

(i) ____________________________________________
(ii) ____________________________________________
(iii) ____________________________________________
(iv) ____________________________________________
(v) ____________________________________________

(5 marks)

(b) State SIX (6) skills components of Physical Fitness.

(i) ____________________________________________
(ii) ____________________________________________
(iii) ____________________________________________
(iv) ____________________________________________
(v) ____________________________________________

(6 marks)

2 List THREE (3) types of objectives when planning a lesson plan for Physical Education.

(i) ____________________________________________
(ii) ____________________________________________
(iii) ____________________________________________

(6 marks)
3 (a) Name **FOUR (4)** main games that the Teaching Games for Understanding (TGfU) lessons are planned.

(i) ____________________________________________

(ii) ____________________________________________

(iii) ____________________________________________

(iv) ____________________________________________

(4 marks)

(b) Give **TWO (2)** advantages of Teaching Games for Understanding (TGfU) lessons.

(i) ____________________________________________

(ii) ____________________________________________

(2 marks)

4 List the categories of the anatomy of any Teaching Style (Mosston,1981) that categorizes the decisions that need to be made in any teaching-learning episode.

(i) ____________________________________________

(ii) ____________________________________________

(iii) ____________________________________________

(iv) ____________________________________________

(v) ____________________________________________

(vi) ____________________________________________

(6 marks)
According to Mosston and Ashworth framework (981). State the ELEVEN (11) teaching style:

(i) 

(ii) 

(iii) 

(iv) 

(v) 

(vi) 

(vii) 

(viii) 

(ix) 

(x) 

(xi) 

(11 marks)

List several domains that include in developmental effect of the learner in the spectrum of teaching styles.

(i) 

(ii) 

(iii) 

(iv) 

(v) 

(10 marks)
7 State **TWO (2)** reasons why feedback is fundamental to the learning process for some primary reasons.

(i) 

(ii) 

(iii) 

(iv) 

(4 marks)

8 State **FOUR (4)** forms of feedback.

(i) 

(ii) 

(iii) 

(iv) 

(4 marks)

9 What is meant by ‘HOT’ questions?

(2 marks)
SECTION B  (40 marks)

INSTRUCTION:
Answer ALL questions.

1 Describe the term “the spectrum of teachings styles”. Choose ONE (1) teaching style, discuss advantages and disadvantages of the teaching style.

(20 marks)

2 Write a 30-minute lesson plan for a primary Year 5 class. The topic for the lesson can come from the four main games taught in Teaching Games for Understanding (TfGU).

(20 marks)

END OF EXAM PAPER